

# Konzumace slazených nápojů - Vliv nápojů slazených cukrem na úmrtí a roky prožité se zdravotním postižením v Česku

Metodologie a reference

## Metodologie - Vlastní zpracování na základě dat:

1 IHME(GBD 2019)  
<https://ghdx.healthdata.org/gbd-2019>

## Další reference

- 1 Influence of Long-term Factors on Sugar Consumption in the Czech Republic  
<https://www.proquest.com/docview/2645894475?pq-origsite=gscholar&fromopenview=true>
- 2 Metabolism and Health Impacts of Dietary Sugars, 2022  
<https://e-jla.org/pdf/10.12997/jla.2022.11.1.20#:~:text=Excessive%20intake%20of%20sugars%2C%20especially.fatty%20liver%2C%20and%20cardiovascular%20disease>
- 3 Intake of Sugar-Sweetened and Low-Calorie Sweetened Beverages and Risk of Cardiovascular Disease: A Meta-Analysis and Systematic Review, 2020  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7850046/>
- 4 Association of Consumption of Sugar-Sweetened Beverages or Artificially Sweetened Beverages with Mortality: A Systematic Review and Dose–Response Meta-Analysis of Prospective Cohort Studies, 2021  
<https://www.sciencedirect.com/science/article/pii/S2161831322001739>
- 5 Association of soft drink and 100% fruit juice consumption with all-cause mortality, cardiovascular diseases mortality, and cancer mortality: A systematic review and dose-response meta-analysis of prospective cohort studies, 2021  
<https://www.tandfonline.com/doi/abs/10.1080/10408398.2021.1937040>